

## RSVP - Who may enroll?

Anyone 55 years of age or older, retired or semi-retired, is invited to enroll with RSVP, no matter your level of experience, or education. Once you decide on a volunteer activity that suits your interest, you may call our office for additional information about the Volunteer Coordinator at that station.

RSVP Volunteers are covered by supplemental accident, liability and extended automobile insurance while serving in their volunteer capacity and regularly reporting volunteer hours. A modest mileage reimbursement at fourteen cents per mile up to a maximum of \$15 per month is paid quarterly when requested by the volunteer and approved by the site coordinator. All insurance coverage is valid while you are engaged at your volunteer assignment work station and you are reporting your hours.

Newsletters are mailed three times during the year, keeping everyone up-to-date with special opportunities and events.

Volunteers are honored annually at a special recognition event with speakers and presentation of awards. Trips are made available to members at a reasonable rate.

The Retired and Senior Volunteer Program, (RSVP) is sponsored by **Senior Volunteer Services**, a nonprofit senior service organization.



RSVP receives major funding from the Corporation for National & Community Service, the federal domestic volunteer agency, San Luis Obispo County and the City of San Luis Obispo. Additionally, support comes from local community organizations and our fundraising activities.

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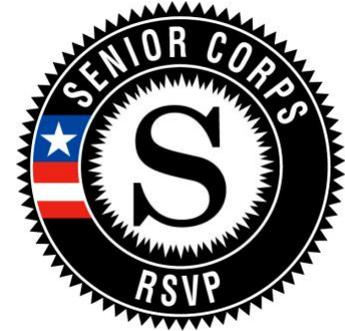
**For more about RSVP or to obtain a list of volunteer opportunities, contact the office most convenient to you.**

**San Luis Obispo County  
660 Pismo Street  
San Luis Obispo, CA 93401  
805-544-8740 FAX:805-544-9146  
[Cheryl@srvolunteer.org](mailto:Cheryl@srvolunteer.org)**

**WWW.SENIORVOLUNTEERS.ORG**

Rev.2/14/18

# RSVP Of The Central Coast



**San Luis Obispo  
&  
Northern Santa Barbara  
Counties**

**Director:  
Alexis Okumura**

**Program Coordinator:  
Cheryl Kippen**

## What is RSVP?

RSVP, the Retired & Senior Volunteer Program, is part of the Corporation for National & Community Service, a National Volunteer Agency.

RSVP Volunteers serve through nonprofit, private and public community organizations and opportunities are as diverse as the volunteers themselves. Volunteers choose to serve in a manner consistent with their experience, interest and hobbies.

Check out our **Facebook page** at <https://www.facebook.com/seniorvolunteerservices/>

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*Almost 800 RSVP volunteers on the Central Coast serve in over 150 sites, between San Luis Obispo and Northern Santa Barbara Counties. This translates to millions of dollars saved throughout the communities. For volunteers it becomes a way of sharing valued years of experience and talent.*

*In 2014, RSVP volunteers performed \$4.5 Million worth of valuable service hours.*

## Where can you volunteer?

This is a sampling of organizations served by

### RSVP Volunteers:

- \* American Cancer Society
- \* American Red Cross
- \* Area Agency on Aging
- \* Caring Callers & Senior Peer Counseling
- \* CASA- Court Appointed Special Advocates
- \* Central Coast Commission on Aging
- \* Children's Resources
- \* City & Community Government Centers
- \* The Clark Center and PCPA
- \* Community Partners in Caring
- \* Food Banks
- \* Guadalupe Dunes Center
- \* HI-CAPP Medicare Consultation
- \* Hospitals & Hospices/Gift Shops
- \* Meals on Wheels Programs
- \* Museums & Historic Sites
- \* Pioneer Museum
- \* Point San Luis Light House
- \* Police and Sheriff's Departments
- \* Project Lifesaver
- \* Salvation Army (various locations)
- \* School Garden Projects
- \* School Districts
- \* Senior Citizens Centers
- \* Senior Nutrition Programs
- \* Senior Transportation Programs
- \* SLOCO Amtrak & Airport Info Desks
- \* Wilshire Good Neighbor Program
- \* Veterans Services

## Consider a few facts:

**Fact:** There will be a 50 percent increase in the number of people over the age of 65 between now and the year 2020.

**Fact:** People over 75 make up the fastest growing segment of the population.

**Fact:** Some retirees want to establish what amounts to a new career, without remuneration, as volunteers.

**Fact:** Volunteers are healthier and live longer than non-volunteers. *Mayo Clinic*

**Fact:** A majority of older people are in good health, permitting increased volunteer activity.

**Fact:** Older people repeatedly express a desire to continue to contribute to society.

**One more Fact:** Numerous surveys have revealed that when people, who are not active volunteers, are asked why they don't volunteer, the number one answer is:

*"I've never been asked."*

**RSVP is asking you to volunteer  
TODAY!**